



*What to write today?!?! It's like my brain is on hold, and I can feel a headache coming on... Fun, huh? Too much information, I'm sure. But I digress, and I've barely begun!*

*So let's see... the Super Bowl is over and the Colts were less than victorious; Valentine's Day is this coming Sunday (just a small blatant reminder, guys! ☺); we're supposed to have 3-5 inches of snow tonight, which means tomorrow could be a challenge; life is pretty much just rolling along this week... And I don't know that I have anything profound to say this afternoon.*

*Some random thoughts may be all I can offer today. So take them for what they're worth:*

*- Last night, after the Saints won the Super Bowl, there was not a lot of lingering at our house. We didn't wait around for the press conference or trophy presentation. There were no tears shed over "our" team's loss. As Sean said, "It's just a game" - and we moved on. Now truthfully, I think there may have been a time in my husband's life when he would have had more of an attachment to such a football game. Yet, Sean's perspective has been challenged and affected over time. Specifically, he leaves on Sunday to go to a part of the world where people have very little—No electricity, no clean water, and, lest we forget—No knowledge of a Savior sent to save them! How's that for perspective when we find ourselves all tore up over a Super Bowl game?!*

*- God has been teaching me about consistency, and about discipline. After all, discipline is basically the practice of being consistent in life. I like how Webster's Dictionary defines "discipline": **training that corrects, molds, or perfects the mental faculties or moral character;** and **orderly or prescribed conduct or pattern of behavior.** I would say that's kind of been my focus this past week... Re-training my personal habits to positively affect my family, my home, my ministry, and ultimately my relationship with Christ. Amazing how many aspects of our lives kind of run together in the long run—each affecting the other—whether positively or negatively!*

*- Joy is found in simple things... I've taken a few moments the last few days to remember some of my "loves" - my love of art and beautiful things; my love of quiet, meditative time; my love of writing and processing through journaling; my love of just relishing the moments of life... hard to do in our busy, full lives, isn't it? BUT life will be "fuller" if we will remember to BE who God created us to be—each with unique passions and personalities! Just remember this:*

Psalm 139  
v. 13-14, 16-18  
(paraphrase)

God created YOUR inmost being;

He knit YOU together in your mother's womb.

YOU are fearfully and wonderfully made;

God's works (YOU) are wonderful, we know that full well.

How precious are God's thoughts of YOU—  
and how vast the sum of them!

Were YOU to count them, they would outnumber the grains of sand.

*May you be so aware of God's great love for you this week! And no matter how random, I pray you'll hear Him speak to you in whatever way He pleases. May you and I have ears to hear...*

*~Carlee*

